

“Wisdom House honors the human religious impulse without promoting any specific religion.

We offer a safe haven for spiritual exploration, both intellectual and contemplative; a place where doubt is welcome and questioning is encouraged; where friendships are forged through sharing questions rather than affirming answers; and where community is rooted in learning, conversation, and contemplative practice.”

Rabbi Rami Shapiro
Director, Wisdom House



CONNECT with Wisdom House



ONLINE:

scarrittbennett.org/programs/wisdom.aspx

FACEBOOK: Wisdom-House-at-Scarritt-Bennett

EBLAST LIST: Get emails on the upcoming events by signing up at scarrittbennett.org (in the left-hand column). Check Wisdom House in your area of interest.

EMAIL: wisdomhouse@scarrittbennett.org

PHONE: 615.320.1182

VISIT:

Wisdom House Hours:

Wed: 9a - 4p
1008 19th Ave S, Nashville, TN 37212
Please email or call for current hours.

(Parking is available in the lot next to Wisdom House, which is accessible through Scarritt-Bennett Parking Lot B off of 18th Ave S.)

Please note: Several Wisdom House programs will be held at various Scarritt-Bennett meeting rooms in order to accommodate group sizes.

a center for
the study of the
teachings,
texts,
teachers &
techniques
of the world's
religions



programs

Wisdom House @ Scarritt-Bennett offers a variety of daytime, evening, and weekend programs that help deepen your knowledge of and engagement with the world's great spiritual systems. Facilitated by director, Rabbi Rami, our programs offer you an opportunity to reflect on the wisdom of others in order to better cultivate a wisdom of your own. While the specific content of each offering changes annually, our curriculum is always rooted in the teachings, texts, teachers, and techniques of the world's spiritual traditions.



teachings

Human spirituality is rich and varied, and **Celebration of Faith** is our annual four-part Wed. evening series devoted to exploring it. Each week we wrestle with one of four core questions: *Who Am I? Where Did I Come From? Where Am I Going?* and *Why?* allowing each religion to respond to it in a manner that helps us come to our own answers.



Wisdom House is a blend of study, contemplation, and dialogue, and the latter goes best over food. On the first and third Wed. of each month we host **Essential Conversations**, a lunch-time gathering focused on issues of spiritual concern. On the second Wed. of each month we host **Common Table**, a breakfast gathering devoted to exploring the richness of religious offerings in Middle Tennessee.

texts

Much of the great wisdom of the world's religions is transmitted through sacred writings. Each year, we offer two four-part Wed. evening series, **Good Books East** and **Good Books West**, devoted to a deep reading of some of these spiritual classics.



Writing is a powerful tool for self-exploration, and **Path & Pen** provides guidance in how best to use writing as a spiritual practice. Each year, we gather to study the sacred art of writing with some of the most well respected teachers in that field.

teachers

Spiritual geniuses arise in all cultures and in every age. **Saints & Sages** is our annual four-part Wed. evening series devoted to the study of some of these extraordinary women and men.



We live in a time of incredible spiritual creativity, and twice each year Wisdom House plays host to some of the finest spiritual teachers in the United States today. **Mystic Heart Gatherings** are weekend intensives that take us through and beyond religion to the greater unity that is at the heart of all authentic spirituality.

techniques

Spiritual wisdom is meant to be embodied and lived, and our four-part Wed. evening series **Walk, Sit, Chant, Pray, Breathe** is designed to help you do just that by introducing you to some of the basic spiritual practices of the world's great religious traditions.



Art, too, is a powerful vehicle for spiritual awakening, and once each year we devote a weekend to exploring a specific artistic path with a master teacher of that path. **Illuminated heARTS** helps you cultivate the sacred power of creative expression that lies within.

"I believe we can change the world if we start listening to one another again. Simple, honest, human conversation. Not mediation, negotiation, problem-solving, debate, or public meetings. Simple, truthful conversation where we each have a chance to speak, we each feel heard, and we each listen well."

- MARGARET J. WHEATLEY, TURNING TO ONE ANOTHER