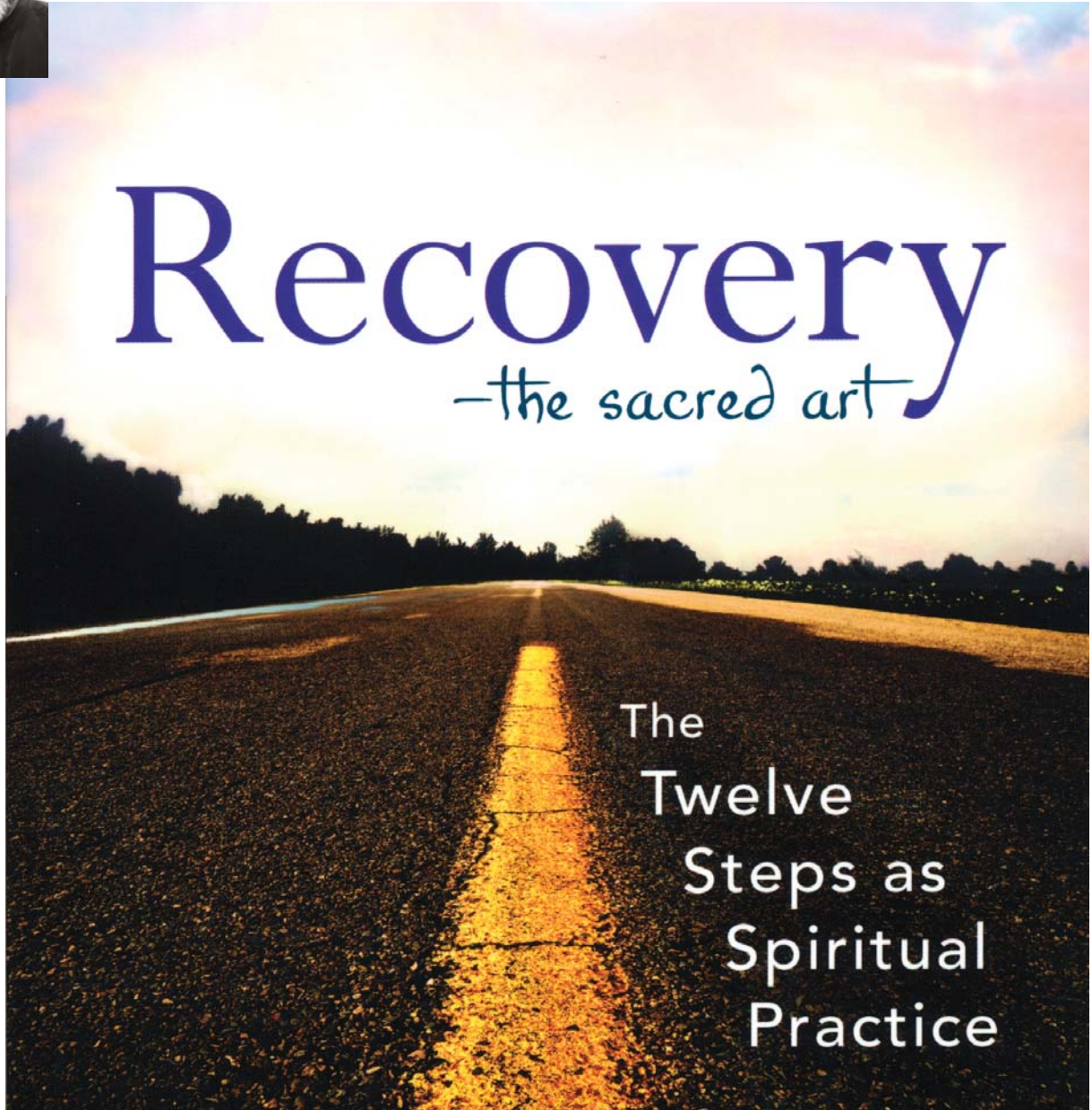




Join Rami Shapiro April 21, 28, May 5, 12 & 19 from 6:30- 8:30p
for this "Recovery" Workshop Series



Life is inherently unmanageable. Seek to control it, and you may be captive to exhaustion, depression and addiction. Learn to navigate it by living with justice, compassion and humility – and you are free!

Led by award-winning author, poet, essayist, and educator Rabbi Rami Shapiro, the five-week workshop will be based on Rabbi Rami's book, *Recovery – the Sacred Art: The Twelve Steps as Spiritual Practice*. Participants will examine 12 steps that can take us to a place where we no longer need to seek control of life, relationships, events, and actions. These 12 steps are a powerful set of spiritual tools that can help each of us live free from compulsive attachment.

Please note: This is not a twelve-step meeting, and is not focused on any specific addiction.

\$55 - Pre-registration required. (Copies of the book will be available for sale at the workshop.)

To register: Visit scarrittbennett.org/programs/recov.aspx or call 615.340.7557.

More info: Call 615.340.7450 or email kjohnson@scarrittbennett.org

Scarritt Hall
@



1008 19TH AVE S, NASHVILLE, 37212

SCARRITTBENNETT.ORG