



#### WHAT IS SPIRITUAL WRITING?

Spiritual writing explores your sense of the sacred, your quest for meaning and purpose, your encounters with God or Absolute Reality, and your wrestling with faith, doubt, belief, and the ordinary wonder of your everyday life. Such writing may or may not be overtly religious, deal explicitly with religion, or be associated with any traditional faith or belief system.

#### WHAT IS WRITING AS A SPIRITUAL PRACTICE?

Writing can tap the deepest recesses of your being, and reveal wisdom not otherwise available to you. Writing in this way is a spiritual practice. Spiritual writing includes journaling, spiritual autobiography, "Morning Pages," interpretive translation of and commentary on sacred texts, and similar practices that use writing as a means to access the deeper layers of one's heart, mind and soul.

#### WHY A CONFERENCE?

Spiritual writing and the community of writers engaged in it can benefit from the interaction that a conference provides. Nashville, with its rich tradition of spiritual book and music publishing and its spiritually cosmopolitan flavor, is uniquely suited for this kind of gathering.



Scarritt-Bennett Center is a nonprofit education, conference, and retreat center. The center is located on ten peaceful acres in the heart of Nashville, Tenn.. Income from the rental of the Center's historic facilities for meetings, conferences and overnight accommodations supports the center's efforts to present a variety of programs and events committed to addressing social justice issues through programming that promotes cross-cultural understanding, education and spiritual renewal. For more information, visit [www.scarrittbennett.org](http://www.scarrittbennett.org). ♦



**SCARRITT  
BENNETT**  
1008 19TH AVENUE SOUTH  
NASHVILLE, TN 37212-2126  
SCARRITTBENNETT.ORG

#### THE NASHVILLE AREA



Scarritt-Bennett Center is located only 15 minutes from the airport in a prime mid-town location, and is within walking distance to Vanderbilt, Music Row, Hillsboro Village, and just minutes away from major attractions such as the Ryman, Centennial Park, and much more! Be sure to build some time into your schedule to take in Nashville's area attractions.

- Historic Lower Broadway
- Belle Meade Plantation
- Bicentennial Capitol Mall State Park
- Cheekwood Botanical Garden and Museum of Art
- Country Music Hall of Fame and Museum
- Frist Center for the Visual Arts
- General Jackson Showboat
- Grand Ole Opry
- Nashville Zoo at Grassmere
- Ryman Auditorium
- The Hermitage: Home of President Andrew Jackson
- The Nashville Predators
- The Parthenon at Centennial Park
- RCA Studio B

*Shuttle Service from and to the airport is available through In-Shuttle Transportation, Inc. Reservations can be made online at [www.inshuttle.com](http://www.inshuttle.com).*



THE NASHVILLE

**SPIRITUAL WRITERS'  
CONFERENCE**

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